



## interior ceilings

### Shopping List

- |  |   |
|--|---|
| <input type="checkbox"/> Little Gem Ceiling Roller         | <input type="checkbox"/> Little Gem Dust Masks  |
| <input type="checkbox"/> Heavy Duty Cage Frame             | <input type="checkbox"/> Little Gem Disposable Gloves   |
| <input type="checkbox"/> Extension Pole                    | <input type="checkbox"/> Little Gem Coveralls   |
| <input type="checkbox"/> Roller Tray                       | <input type="checkbox"/> Little Gem Sugar Soap  |
| <input type="checkbox"/> Little Gem Opal Wall Brush        | <input type="checkbox"/> Painters Tape  |
| <input type="checkbox"/> Little Gem Opal Cutter Brush      | <input type="checkbox"/> Rokset Wooden or Plastic Paint Stirrer   |
| <input type="checkbox"/> Gap Filler                        | <input type="checkbox"/> Little Gem Cleaning Cloths   |
| <input type="checkbox"/> Little Gem Plastic Filling Blades | <input type="checkbox"/> Rokset Canvas or Plastic Drop Sheet  |
| <input type="checkbox"/> General Purpose Sponge            | <input type="checkbox"/> Tack Cloth or Pocket Duster  |
| <input type="checkbox"/> Flexisand Sanding Sponge          | <input type="checkbox"/> See the Painters Checklist for a comprehensive list of products that you may require to complete your project. |

*Always consult your local paint specialist for professional advice on the correct paint to use. Closely follow the instructions on the paint can.*

### Preparation

- Fill any holes or cracks with the appropriate filler and allow to cure as per instructions.
- Sand surfaces smooth to remove old paint and sharp edges and to smooth fillers. (NB: sanding dust from all surface types can be harmful. Use dust masks, gloves and coveralls to protect yourself and your clothing.)
- Thoroughly wash and degrease surfaces using sugar soap. Allow to dry completely before painting. High use areas such as kitchens may require this step to be repeated.
- Tape up adjoining surfaces and around fixtures and fittings.
- Rinse rollers and brushes in solvent or water, dependent on the paint type. Allow to dry before use.
- Immediately before painting use a tack cloth or pocket duster to remove excess dust and fine particles.

### Application

- Always take the necessary safety precautions when painting. Remember ladder safety and keep the floor clear to avoid accidents.
- Speak to your paint specialist about applying a base coat, primer or rust resistant application. Priming is especially important on surfaces that have never been painted.
- Using a brush paint a 50–100mm border around the ceiling edges, this is known as cutting in. Cut in around light fittings and vents using a smaller border of about 25-50mm. When completing your project do not paint over the area that has been cut in by the brush.
- To start push roller and/or extension pole in a diagonal motion along ceiling to form an 'M' about a metre wide. Going in the opposite direction form a "W" to fill the gaps. Keep contact with the surface during this process and apply even pressure for a smooth finish.
- Next roll in a criss-cross motion to ensure complete coverage.
- Finish this section rolling lightly in even strokes towards the ceiling's light source as directed in Painting with Rollers.
- Move to the next section and repeat the above steps.
- Repeat this process for each coat. The number of coats required will depend on the paint, surface and application method used. Follow instructions on the paint can regarding drying times.

### Clean up and Care

See Brush and Roller Care and Cleaning for full cleaning and product care instructions.

*This fact sheet is intended as a guide only. Rokset does not warrant the accuracy of this information. For professional advice on your particular task, please speak to your local paint specialist.*